

Mount Vernon High School Time Schedules 2025-2026

STRAIGHT 7s (S7) SCHEDULE

Early Bird	7:05 - 8:00 (55 minutes - M/Th)
Period 1	8:15 - 9:07 (52 minutes)
Period 2	9:11 - 10:03
Period 3	10:07 - 10:59
Period 4	11:03 - 12:27
[- A lunch:	11:03-11:31 (28 minutes)
[- B class:	11:35-12:27 (52 minutes)
[- A class	11:03-11:55 (52 minutes)
[- B lunch:	11:59-12:27 (28 minutes)
Period 5	12:31 - 1:23
Period 6	1:27 - 2:19
Period 7	2:23 - 3:15

TUESDAY BLOCK SCHEDULE

Early Bird	7:05 - 8:00 (55 minutes)
Block 1	8:15 - 9:40 (85 minutes)
Block 3	9:46 - 11:11
Lunch/HR/Health 2:	11:11 - 12:15
[- A Lunch:	11:11-11:41 (30 minutes)
[- B HR 11:	11:45-12:15 (30 minutes)
[- A HR 9/Health 2:	11:11-11:41 (30 minutes)
[- B Lunch:	11:45-12:15 (30 minutes)
Block 5	12:19 - 1:44
Block 7	1:50 - 3:15

WEDNESDAY BLOCK SCHEDULE

Early Bird	7:05 - 8:00 (55 minutes)
Block 2	8:15 - 9:40 (85 minutes)
WIN	9:44 - 10:10 (26 minutes)
Block 4	10:14 - 11:39
Lunch/HR/Health 1:	11:43 - 12:57
[- A Lunch:	11:43-12:18 (35 minutes)
[- B HR 11:	12:22-12:57 (35 minutes)
[- A Health 1/HR 10:	11:43-12:18 (35 minutes)
[- B Lunch:	12:22-12:57 (35 minutes)
Block 6	1:01 - 2:26
Skinny 8	2:30 - 3:15 - Health 1 (45 minutes)

J-TERM SCHEDULE (January 6 - January 16)

AM Block	8:15 - 11:08
Lunch	11:08 - 12:19
PM Block	12:23 - 3:15

EARLY DISMISSAL DAYS:

8/25, 9/10, 9/24, 10/15, 10/23, 11/5, 11/19, 12/10, 12/19, 2/4, 3/4, 4/8, 4/29, 5/6, 5/28 (Bold are Straight 7 early dismissals - the remainder are block early dismissals). All afternoon Teacher PD except 8/25.

TEACHER PD DAYS (NO STUDENTS): 8/18, 8/19, 8/20, 8/21, 8/22, 10/17, 1/5, 1/19, 2/16, 4/3, 5/29, 6/1

NO SCHOOL DAYS: 9/1, 11/26-28, 12/22-31, 1/1-2, 3/16-20, 4/24, 5/25

EARLY DISMISSAL WEDNESDAY BLOCK SCHEDULE

Early Bird	7:05 - 8:00
Block 2	8:15 - 9:40 (85 minutes)
Block 4	9:44 - 11:09
Block 6	11:13 - 12:38
Lunch	12:40-1:15 (35 minutes)
	(students may take lunch to-go)

TWO-HOUR DELAY S7 SCHEDULE

** NO EARLY BIRD (see below)

Period 1	10:15 - 10:50 (35 minutes)
Period 2	10:54 - 11:29
Period 3	11:33 - 12:39
[- A Lunch	11:33 - 12:00 (27 minutes)
[- B Class	12:04 - 12:39
[- A Class	11:33 - 12:08
[- B Lunch	12:12 - 12:39 (27 minutes)
Period 4	12:43 - 1:18
Period 5	1:22 - 1:57
Period 6	2:01 - 2:36
Period 7	2:40 - 3:15

TWO-HOUR DELAY BLOCK SCHEDULE

** NO EARLY BIRD (see below)

Block 1/2	10:15 - 11:10 (55 minutes)
Lunch/HR/Health:	11:14 - 12:18
[- A Lunch:	11:14-11:44 (30 minutes)
[- B HR 11:	11:48-12:18 (30 minutes)
[- A HR 9/10 / Health 1/2:	11:14-11:44 (30 minutes)
[- B Lunch:	11:48-12:18 (30 minutes)
Block 3/4	12:22 - 1:17
Block 5/6	1:21 - 2:16
Block 7/Sk 8	2:20 - 3:15 (Wed. Health 1)

STRAIGHT 7 EARLY DISMISSAL (8/25, 12/19 & 5/28)

EB:	7:05 - 8:00 (55 minutes)
Period 1	8:15 - 8:50 (35 minutes)
Period 2	8:54 - 9:29
Period 3	9:33 - 10:08
Period 4	10:12 - 10:47
Period 5	10:51 - 11:26
Period 6	11:30 - 12:05
Period 7	12:09 - 12:44
Lunch	12:44 - 1:15pm (31 minutes)
	(students may take lunch to-go)

** EARLY BIRD CLASS PROCEDURE FOR LATE START OR FULL DAY CANCELLATION

Please note that when a 2-Hour Delay is announced, there are NO EARLY BIRD CLASSES AND 1ST PERIOD WILL BEGIN AT 10:15am.

There are no longer EB courses scheduled on Fridays, therefore NO SCHEDULE adjustments for EB courses due to late starts or cancellations. EB will simply pick up on the rotation day previously scheduled:

M/W = A Day
T/Th = B Day
F = C Day (NO EB)