

Mount Vernon High School Time Schedules  
2022-2023

**STRAIGHT 7s (S7) SCHEDULE**

Early Bird 7:15 - 8:00  
Period 1 8:15 - 9:07 (52 minutes)  
Period 2 9:11 - 10:03  
Period 3 10:07 - 10:59  
Period 4 11:03 - 12:27  
    [-A lunch: 11:03-11:31 (28 minutes)  
    [-B class: 11:35-12:27 (52 minutes)  
    [-A class 11:03-11:55 (52 minutes)  
    [-B lunch: 11:59-12:27 (28 minutes)  
Period 5 12:31 - 1:23  
Period 6 1:27 - 2:19  
Period 7 2:23 - 3:15

**TUESDAY BLOCK SCHEDULE**

Early Bird 7:15 - 8:00  
Block 1 8:15 - 9:40 (85 minutes)  
Block 3 9:46 - 11:11  
Lunch 11:11 - 12:15  
    [-A Lunch: 11:11-11:41 (30 minutes)  
    [-B Homeroom: 11:45-12:15 (30 minutes)  
    [-A Homeroom: 11:11-11:41 (30 minutes)  
    [-B Lunch: 11:45-12:15 (30 minutes)  
Block 5 12:19 - 1:44  
Block 7 1:50 - 3:15

**WEDNESDAY BLOCK SCHEDULE**

Early Bird 7:15 - 8:00  
Block 2 8:15 - 9:40 (85 minutes)  
Block 4 9:46 - 11:11  
Lunch 11:11 - 12:15  
    [-A Lunch: 11:11-11:41 (30 minutes)  
    [-B Homeroom: 11:45-12:15 (30 minutes)  
    [-A Homeroom: 11:11-11:41 (30 minutes)  
    [-B Lunch: 11:45-12:15 (30 minutes)  
Block 6 12:19 - 1:44  
Block 8 1:50 - 3:15 - Health 1/2

**J-TERM SCHEDULE (January 3 - January 13)**

AM Block 8:15 - 11:08  
Lunch 11:08 - 12:19  
PM Block 12:23 - 3:15

**EARLY DISMISSAL DAYS:**

8/23, 9/14, 10/5, 10/19, 11/16, 12/7, 12/20, 2/8, 3/8, 4/12, 4/26, 5/10, 5/26 (Bold are Straight 7 early dismissals - the remainder are block early dismissals). All afternoon Teacher PD except 8/23.

**TEACHER PD DAYS (NO STUDENTS):** 11/4, 1/2, 1/16, 2/24, 5/30

**NO SCHOOL DAYS:** 9/5, 11/23-25, 12/21-30, 3/14-17, 4/7, 5/29

**EARLY DISMISSAL WEDNESDAY BLOCK SCHEDULE**

Early Bird 7:15 - 8:00  
Block 2 8:15 - 9:40 (85 minutes)  
Block 4 9:44 - 11:09  
Block 6 11:13 - 12:38  
Lunch 12:38-1:05 (30 minutes)  
(students may take lunch to-go)

**TWO-HOUR DELAY S7 SCHEDULE**

**\*\* NO EARLY BIRD (see below)**  
Period 1 10:15 - 10:50 (35 minutes)  
Period 2 10:54 - 11:29  
Period 3 11:33 - 12:39  
    [-A Lunch 11:33 - 12:00 (27 minutes)  
    [-B Class 12:04 - 12:39  
    [-A Class 11:33 - 12:08  
    [-B Lunch 12:12 - 12:39 (27 minutes)  
Period 4 12:43 - 1:18  
Period 5 1:22 - 1:57  
Period 6 2:01 - 2:36  
Period 7 2:40 - 3:15

**TWO-HOUR DELAY BLOCK SCHEDULE**

**\*\* NO EARLY BIRD (see below)**  
Period 1/2 10:15 - 11:10 (55 minutes)  
Lunch 11:14 - 12:18  
    [-A Lunch: 11:14-11:44 (30 minutes)  
    [-B Homeroom: 11:48-12:18 (30 minutes)  
    [-A Homeroom: 11:14-11:44 (30 minutes)  
    [-B Lunch: 11:48-12:18 (30 minutes)  
Period 3/4 12:22 - 1:17  
Period 5/6 1:21 - 2:16  
Period 7/8 2:20 - 3:15 (Wed. Health 1/2)

**STRAIGHT 7 EARLY DISMISSAL (8/23, 12/20 & 5/26)**

EB: 7:15-8:00 (45 minutes)  
Period 1 8:15-8:49 (34 minutes)  
Period 2 8:53-9:27  
Period 3 9:31-10:05  
Period 4 10:09-10:43  
Period 5 10:47-11:21  
Period 6 11:25-12:28  
    [-A Lunch 11:25 - 11:50  
    [-B Class 11:54 - 12:28  
    [-A Class 11:25 - 11:59  
    [-B Lunch 12:03 - 12:28  
Period 7 12:32-1:05

**\*\* EARLY BIRD CLASS PROCEDURE FOR LATE START OR FULL DAY CANCELLATION**

Please note that when a 2-Hour Delay is announced, there are NO EARLY BIRD CLASSES AND 1ST PERIOD WILL BEGIN AT 10:15am. With either a 2-hour delay OR a full day cancellation, the following full day of school will then start with the Early Bird day that was missed. Example: If we have a late start or cancellation with no "A" Early Bird, then the next full day of school will begin with "A" Early Bird classes.